

# FOOD INSECURITIES RESOURCES

## Federal Resources

Provides helpful resources for food insecurities

<https://tricare.mil/HealthWellness/HealthyLiving/Food-Insecurity>

Local WIC (Special Supplemental Nutrition Program for Women, Infants & Children)

Fort Benning WIC/Woman, Infants and Children's Program

Commissary Mall 8150 Marne Rd

Bldg. 9230

Room 1226-A

Fort Benning, GA 31905

**706-682-8455**

**706-685-4934**

**706-992-6044**

For state-specific information about Supplemental Nutrition Assistance Program (SNAP) eligibility: <https://www.fns.usda.gov/snap/state-directory> or call 1-800-221-5689

The United States Department of Agriculture (USDA) Food and Nutrition Service (FNS) has military-specific information: <https://www.fns.usda.gov/military-and-veteran-families>

The USDA's MyPlate resource has basic nutrition information, budget-friendly recipes, and tools for health-related goal setting: <https://www.myplate.gov/>

Military One Source: <https://www.militaryonesource.mil/>

Military One Source basic needs allowance information:

<https://www.militaryonesource.mil/financial-legal/personal-finance/taking-care-of-people/#basicneeds>

Military One Source provides non-medical counseling that includes assistance in eligibility determinations and registration for programs: <https://www.militaryonesource.mil/confidential-help/non-medical-counseling/>

Fort Benning Battle Buddy Resource Center: Food/Hygiene Pantry 706-545-4817

Vibbert Avenue BLDG 16

Fort Benning, GA 31905

Tuesdays from 1100-1300

# **FOOD INSECURITIES RESOURCES**

## **Non-Federal entities**

Military-focused food distribution events: <https://www.mfan.org/topic/food-insecurity/food-assistance/>

Meals on Wheels, a resource for elderly individuals to receive home-delivered meals:  
<https://www.mealsonwheelsamerica.org/>

Food Finder, a non-profit registry of food pantries with a database searchable by zip code: <https://foodfinder.us/>

211 Helpline, a resource sponsored by the United Way to assist people in connecting with various helping agencies and resources: <https://www.211.org/>

Food Bank: <https://feedingthevalley.org> or call 706-561-4755